



Trip Name : Langtang Valley Trek

Trip Details :

Langtang valley trek is also called "the valley of glaciers trek".Langtang trek can be easily accessible from Kathmandu and yet it has somehow managed to guard its secret beauties which make this langtang trek a trekker's paradise. The trek passes pine forest, swift mountain streams, rugged rock and snow-capped peaks, grassy down and meadows. The starting point of this trek is Syabru Bensi which is around 7 hours drive from Kathmandu. From Syabru Bensi you will follow the Langtang River to the east until you get to Kyangin Gompa (3,049) with overnight stay at Lama Hotel, Langtang valley respectively. In this valley besides natural wonders you also visit local Tibetan village and see their lifestyle. The last destination of this trekking is Kyanjin Gompa. You visit ancient Buddhist monastery, cheese factory and glaciers. From Kyangjin, you retrace your route back down the valley to Syabru Besi and then next day drive back to Kathmandu.

Trip Itinerary

- Day 01: Arrival in Kathmandu - 1,300m/4,264 ft
- Day 02: Kathmandu Sightseeing & Preparation for the Trek
- Day 03: Drive to Syabrubesi (1,550m/5,100ft).145 km/ 7 hrs
- Day 04: Trek to Lama Hotel (2,380m/7,830ft). 6 hrs
- Day 05: Trek to Langtang village (3,430m/11,253ft) 7 hr
- Day 06: Trek to Kyanjin Gompa (3,870m/12,697ft). 3 hr
- Day 07: Visit to Tserko Ri and trek back to Lama Hotel. 5/6 hrs
- Day 08: Trek back to Syabrubesi 5 hrs
- Day 09: Transfer to KTM
- Day 10: Farewell